

Genesis Health Clubs - Tri-State
555 Tennis Lane
Evansville, IN 47715



(812) 479-3111
genesishealthclubs.com
Aquatics

Indoor Pool Schedule - January 2024

	Monday 5am – 9pm	Tuesday 5am – 9pm	Wednesday 5am – 9pm	Thursday 5am – 9pm	Friday 5am – 9pm	Saturday 6am – 8pm	Sunday 7am – 8pm
5:00 AM – 8:30 AM							
8:30 AM – 9:30 AM	Aqua Intervals		Water Zumba		H ₂ O Circuits		
9:00 AM – 10:00 AM						Aqua Intervals	
9:30 AM – 10:30 AM	Paddle Board Yoga		Paddle Board Yoga				
10:30 PM – 1:00 PM							
1:00 PM – 2:00 PM	Aqua Intervals		Pure Cardio		H ₂ O Circuits		
2:00 PM – 3:00 PM							H ₂ O Circuits
4:00 PM – 5:00 PM	TSAC Stingrays	TSAC Stingrays	TSAC Stingrays	TSAC Stingrays			
5:00 PM – 5:30 PM							
5:30 PM – 6:30 PM		H ₂ O Circuits		Aqua Intervals			
6:30 PM – 9:00 PM							
Special Events/Notes	Holiday Club Hours 12/31/23, 7:00am to 5:00pm 01/01/24, 7:00am to 5:00pm						

We thank you for understanding and sharing space with the Aquatic Programs. Some lanes will be closed during the specified program times; however, a minimum of one lane will remain available for general purpose swimming at all times. This schedule is subject to change; please check for updates when planning your pool time. If you have any questions or concerns please contact Aquatics Director, Severin Birchler. 812-479-3111 ext. 211, severin.birchler@tristateathleticclub.com